

STUDENT ATHLETE LEADERSHIP



**DAVE GOETZ (CAIRO AMERICAN COLLEGE)
SHARON LEUNG (HONG KONG INTERNATIONAL SCHOOL - RETIRED)**

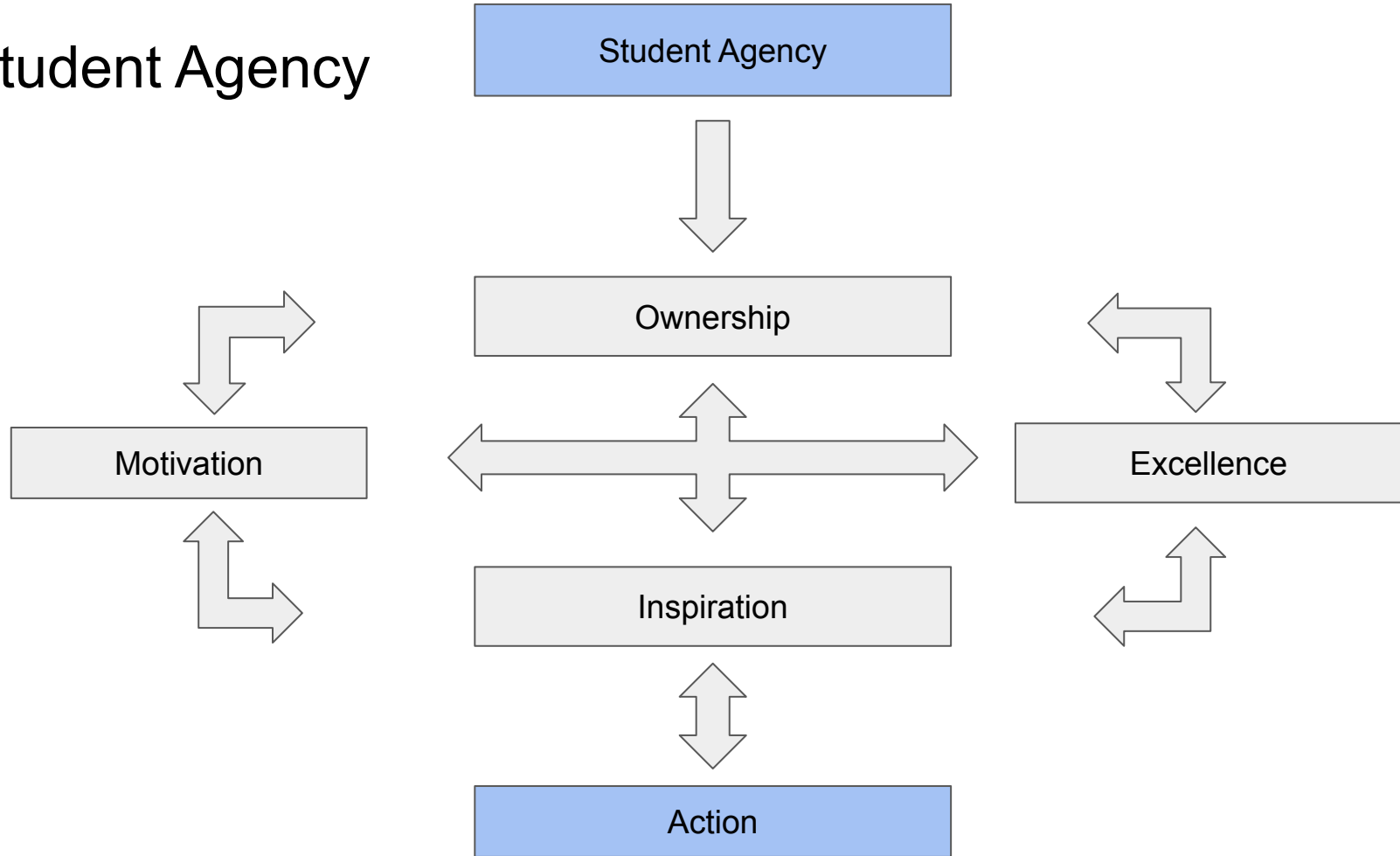
Student Agency at Cairo American College

“Student agency refers to **learning through activities that are meaningful and relevant to learners, driven by their interests, and often self-initiated with appropriate guidance from teachers.** To put it simply, student agency gives students voice and often, choice, in how they learn.”

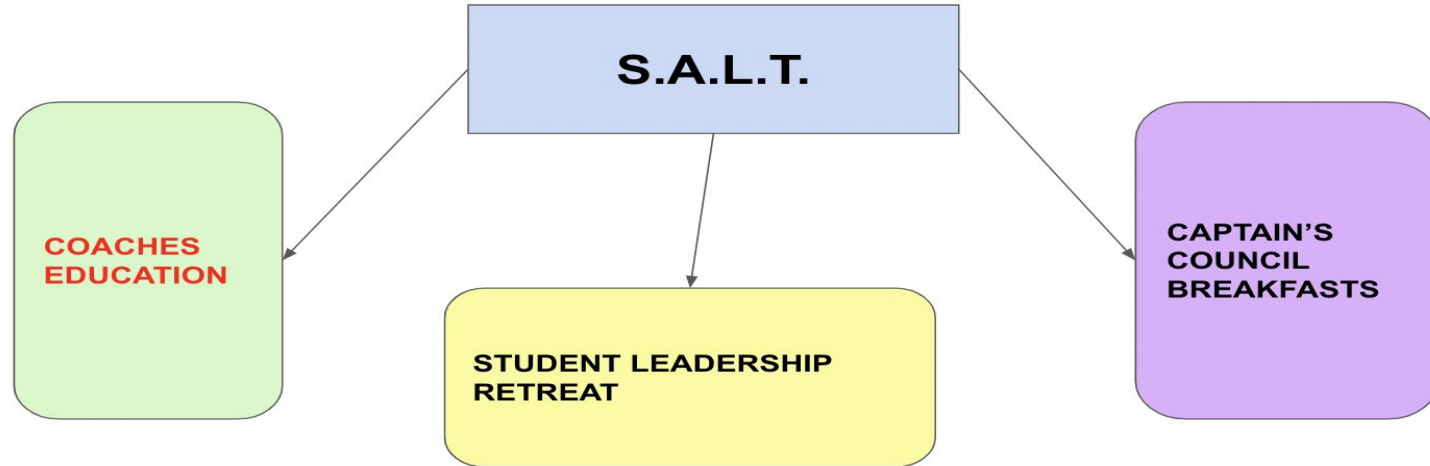
Rosie the Riveter



Student Agency



HKIS STUDENT ATHLETE LEADERSHIP TRAINING



OVERVIEW OF PROGRAM MODULE

HKIS ATHLETIC COUNCIL BREAKFAST OF CHAMPIONS



SEPTEMBER

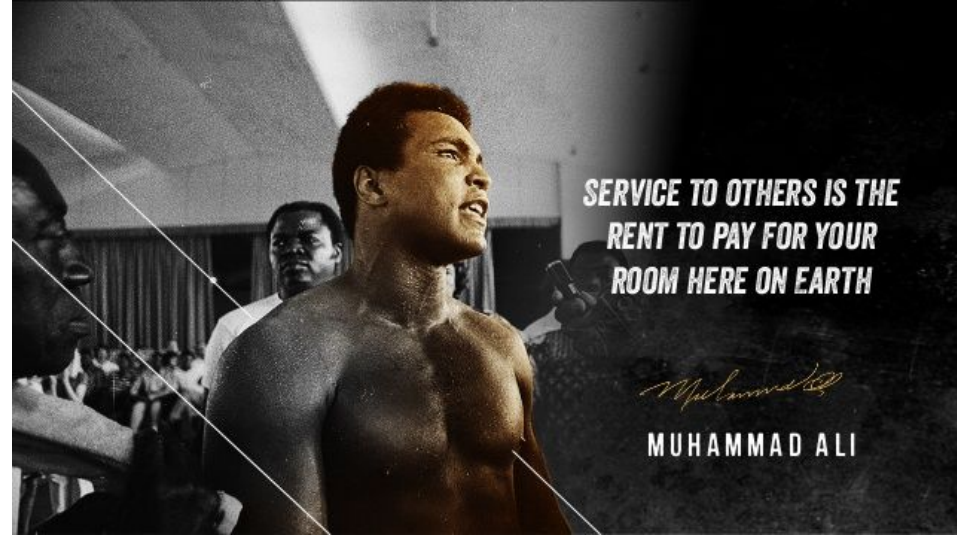
THEME:

How Can I be “E.P.I.C.?”

SKILL: Define own Leadership strengths and how to use

TIME: 45 min

ACTIVITY: CORE VALUES



OCTOBER



THEME: “Bob the Builder”

SKILL: How do I build a strong team work ethic?

TIME: 45 minutes

As a captain or leader - you should be prepared to be the first one on the practice floor and the last one to leave ...

ACTIVITY: “BUILDING BLOCKS”

NOVEMBER

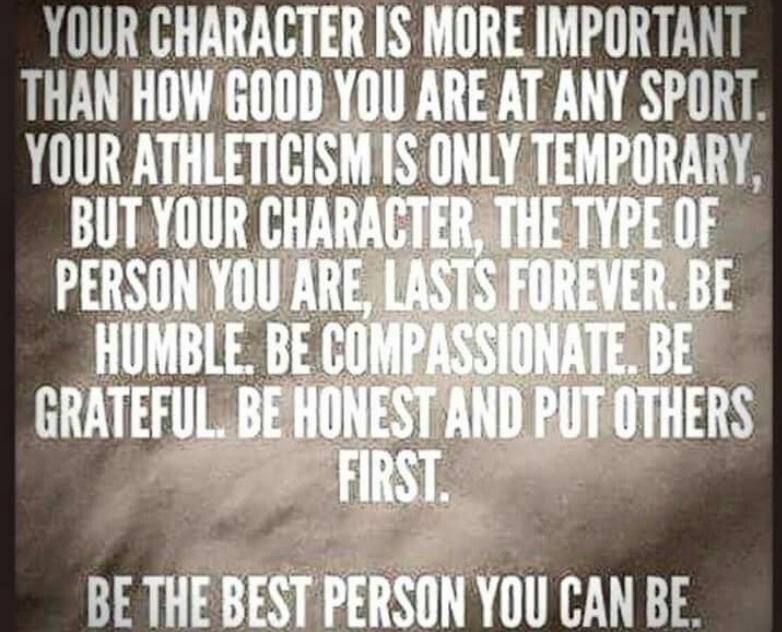
THEME: “Why being a ‘Grateful’ Athlete Makes a Difference

TIME: 45 minutes

QUOTE: Most talented players don’t always succeed. Some don’t even make the team. It’s more what’s inside. ~ *Brett Favre (Football)*

ACTIVITY: [How To Use Gratitude to Build a Stronger Team](#)

DISCUSSION OF HOW THIS APPROACH CAN BE IMPLEMENTED IN YOUR TEAM’S SITUATION.



YOUR CHARACTER IS MORE IMPORTANT
THAN HOW GOOD YOU ARE AT ANY SPORT.
YOUR ATHLETICISM IS ONLY TEMPORARY,
BUT YOUR CHARACTER, THE TYPE OF
PERSON YOU ARE, LASTS FOREVER. BE
HUMBLE. BE COMPASSIONATE. BE
GRATEFUL. BE HONEST AND PUT OTHERS
FIRST.
BE THE BEST PERSON YOU CAN BE.

JANUARY



THEME: Am I Inspiring?

SKILL: How do communication skills play into successful leadership

TIME: 45 minutes

QUOTE: Leadership, like coaching, is fighting for the hearts and souls of men and women and getting them to believe in you. ~ *Eddie Robinson (Basketball)*

ACTIVITY: [WHAT INSPIRES YOUNG ATHLETES? A "HOW TO GUIDE"](#)

FEBRUARY

THEME: How does Humility
Affect my Leadership and
perception of my team?

TIME: 45 minutes

QUOTE: Talent is God given. Be humble.
Fame is man-given. Be grateful. Conceit is
self-given. Be careful. ~ *John Wooden*
(*Basketball*)

ACTIVITY: [HUMILITY](#)
[CHECKLIST](#)



MAY

A photograph of Michelle Obama smiling and giving a thumbs up. She is wearing a white top and large hoop earrings. The image is partially obscured by a semi-transparent circular overlay containing text.

There's power in
allowing yourself to
be known and
heard, in owning
your unique story, in
using your authentic
voice.

- Michelle Obama

THEME: Passing the Baton

SKILL: Review and Mapping out next year with Sophomore and Junior leaders

TIME: 45 minutes

QUOTE: What keeps me going is goals. ~
Muhammad Ali (Boxing)

ACTIVITY: Choose character traits to address next year

EAGLE COUNCIL



MEETINGS EVERY SUNDAY

11:15 - 12:00



GET INVOLVED

EAGLE COUNCIL

The club that acts as a voice for student activities and athletics.

CLUB OPERATIONS:

1. Student referees
2. Assist in uniform designs
3. Event planning and management
4. CCA publicity: advertising, images
5. Plan and lead assemblies
6. Ushers in the theater
7. Awards night assistance
8. Team managers
9. Team captain leadership training
10. Meet and greet the crew

MEETINGS EVERY SUNDAY

11:15 - 12:00

Perfect for:

- HS STUDENTS
- CAS
- COLLEGE APPLICATIONS
- NHS SERVICE HOURS
- IF INTERESTED, EMAIL
23SKNOX@CACEGYPT.ORG OR
DGOETZ@CACEGYPT.ORG



Eagle Council Core Principles

- Lead by example
- Celebrate others
- Build connections through communication
- Always be positive
- Always be prepared



Focus Areas

Develop student **referees** / table crew

Develop team **captains** and **managers**

Event **planning and management**: tournaments, assemblies, pep-rallies

Assistance: assemblies, awards night, theater productions, meet and greet

Ownership in school **promotion**: uniform design, publicity, logos



How we Build it

Student leadership retreat

Officiating course: expert panel

Girls Get Strong / Boys in Service

- Event planning and management
- Team manager roles and expectations
- Captain for tomorrow / NFHS



CLOSING DISCUSSIONS

Thanks for coming!

You can reach us at:

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IF CHARACTER IS WHAT
YOU DO WHEN NO ONE
IS WATCHING,
THEN SPORTSMANSHIP
IS THAT CONDUCT WITH
EVERYBODY WATCHING.

BOB LEY

